

From: Teri Mattson

Makes: Serves 4-6

Cook Time: 15 minutes

Ingredients:

1 lb. lean ground beef

1 can (15.25 oz) White kernel corn, drained

1 can (14.5 oz) diced tomatoes with garlic & onion

2 cups salsa

1 can (16 oz) kidney beans

1 cup shredded cheddar cheese

Diced green onion

Directions:

Brown meat in large saucepan, drain. Add remaining ingredients. Simmer, uncovered, 10-15 minutes. Top with shredded cheddar cheese and diced green onions, if desired.

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